

National and Regional Welfare Officers

UK Lead Officer

Mike Harrison MBE
0345 129 7 129 ext 2633
mike.harrison@british-gymnastics.org
ethics@british-gymnastics.org

Scotland Lead Officer

Lorna Whyte - 01312 719733
lorna@scottishgymnastics.org

Wales Lead Officer

Carys Kizito – 02920 334961
carys.kizito@welshgymnastics.org

Safeguarding Officer North

Helen Murphy – 07860 844160
helen.murphy@british-gymnastics.org

Safeguarding Officer North

Vacant

Regional Welfare Officers

Northern Ireland

Jean McMahan
welfareofficergni@gmail.com

Helen Woods

woods02helen@yahoo.co.uk

North

Enid Harrison
enid.harrison@british-gymnastics.org

Lynda Kouache

north.rwo@british-gymnastics.org

North West

Justine Caroll
northwest.rwo@british-gymnastics.org

Isle of Man

Judith Hedges
isleofman.rwo@british-gymnastics.org

Yorkshire

Helen Monks
yorkshire.rwo@british-gymnastics.org

West Midlands

Hollie Styles
westmids.rwo@british-gymnastics.org

East

Karly Good
east.rwo1@british-gymnastics.org

East

Verity Adams
east.rwo2@british-gymnastics.org

East Midlands

Linda Thompson
eastmids.rwo1@british-gymnastics.org

East Midlands

Jennifer Harris
eastmids.rwo2@british-gymnastics.org

East Midlands

Tony Ford
eastmids.rwo3@british-gymnastics.org

South West

Michelle Routley
southwest.rwo@british-gymnastics.org

South

Vacant

South East

Dawn Hyland
southeast.rwo1@british-gymnastics.org

South East

Mike Gevaux
Southeast.rwo2@british-gymnastics.org

London

Christine Cason
London.rwo@british-gymnastics.org

County Welfare Officers

For Norfolk please contact Karly Good
east.rwo1@british-gymnastics.org

Angela Smith (Bedfordshire)
beds.cwo@british-gymnastics.org

For Essex please contact Karly Good
east.rwo1@british-gymnastics.org

Teresa O'Neill (Hertfordshire)
herts.cwo@british-gymnastics.org

For Suffolk please contact Karly Good
east.rwo1@british-gymnastics.org

Andrew Aistrup (Cambridgeshire)
andrew.aistrup@cangaroos.org