



### **What is EUROGYM?**

EUROGYM is one of the biggest gymnastics events specifically for young people aged between 12 and 18 years. A non-competitive festival event, EUROGYM takes place every two years, the objective being to unite young European gymnasts, providing the opportunity for gymnasts to perform their team display routines on an international stage.

Performances, workshops and parties, EUROGYM is a huge social non-competitive event for young people where everyone is welcome.

The event starts with an Olympic style Opening Ceremony, which is then followed by a gigantic welcome party for everyone, an amazing opportunity to socialise with people from different countries.

The mornings are spent taking part in activities, with over 60 different sessions to choose from, including wind surfing, archery, show dance, tumbling and rope skipping, there is sure to be something which will appeal. Skills learnt and developed in these workshops are performed alongside other gymnasts from across Europe during the final Closing Ceremony.

In the afternoons, teams perform their display routine on stages around the city; so, there is an open opportunity for tourists, residents and other gymnasts to come and see you perform.

### **Who is EUROGYM for?**

EUROGYM is specifically targeted and tailored for gymnast's age 12-18 years old. The minimum number for a team is 6 gymnasts and each team must have a minimum of 2 leaders. For teams with more than 24 gymnasts there should be 1 leader per 12 gymnasts.

Teams can register gymnasts aged 10 and 11 but these gymnasts cannot make up more than 10% of the team. 10% of the team can also be older than 18 but no older than 20 years of age at the time of the event.

### **Where is EUROGYM 2018?**

The 11TH EUROGYM is being held in Liège, Belgium, from the 15<sup>th</sup>-19<sup>th</sup> July 2018. The event is being organised by the Royal Belgian Gymnastics Federation and the Province of Liège on behalf of the UEG (European Union of Gymnastics).



### ***How much does EUROGYM cost?***

The cost per person is approx. £380 exc. flights. This includes a £55 non-refundable deposit per person which is required before the 23rd October 2017 to confirm an individual's place at the event. \*

This includes the following:

- Airport transfers in Liège to and from accommodation \*\*
- Participant Card – All performances, Opening and Closing Ceremony, ticket to the Gala and local transport in Liège
- School accommodation for 6 nights (14<sup>th</sup> – 19<sup>th</sup> July 2018)
- Breakfast for 6 days (15<sup>th</sup>-20<sup>th</sup> July)
- Lunches and Dinners for 5 days (15<sup>th</sup>- 19<sup>th</sup> July)
- GB Kit – 2 x T-Shirt, 1 x Tracksuit Jacket

\*Please note that this price is a guide price only. The overall cost per person is dependent upon the number of participants that take part as a whole delegation. The final price will be communicated once initial deposits have been collected on 23<sup>rd</sup> October 2017.

\*\*Please note that flights must be sourced individually by clubs and this is not part of the package. The nearest airports to the destination are Brussels National Airport, Brussels South Charleroi Airport and Maastricht Airport.

### ***How do you get involved or find out more?***

If you are interested in finding out more, email [\*\*participation@british-gymnastics.org\*\*](mailto:participation@british-gymnastics.org). Due to this being a representative event as a Great Britain team, registration can only be completed through British Gymnastics.

### ***Key Dates:***

- September 22<sup>nd</sup> 2017 - Online event entry opens via GymNet
- October 23<sup>rd</sup> 2017 – Completed online entry for the event and deposits all paid
- January 12<sup>th</sup> 2018 - Final registration and payment of £150 per person
- March 16<sup>th</sup> 2018 - Final Payment due £175



## **FAQ's**

### ***My team don't have much display experience can we take part?***

Yes absolutely, the event is open to all and a fantastic opportunity with no pressure for the skill level in a routine to be a particular standard. Why not take part in a British Gymnastics GymFusion event prior to EUROGYM to gain experience?

### ***Gymnasts will be at school during the dates; can they get time off to take part?***

Yes, generally speaking schools will allow gymnasts to take time off to represent their country in an international gymnastics event, coordinated by the Governing Body. On request, a letter can be obtained providing information for schools about the event and sent from British Gymnastics direct to the Head Teacher.

### ***I don't have any experience of taking gymnasts abroad; I don't know where to start!***

Don't worry! There are lots of [top tips](#) on the British Gymnastics website and we will support you with information and a Team Leader Meeting to help you to organise everything you need.

### ***The accommodation is in schools; how does this work?***

Teams will be allocated school class rooms for gymnasts and coaches to sleep in. A bit like camping inside, participants bring airbeds and pillows to sleep on. Shower and toilet facilities are shared and the accommodation has been checked by the organising committee and been approved to meet the required standards, health and safety and fire regulations. Teams are split across the classrooms to meet safeguarding and welfare guidelines.

### ***What insurance is required?***

All gymnasts must be British Gymnastics members and have taken out travel insurance to cover the trip.