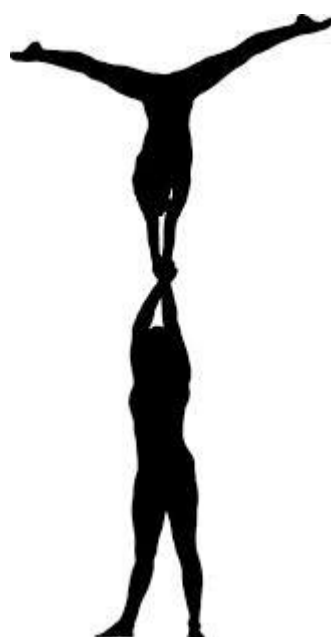


# NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION



## COMPETITION HANDBOOK

2016-17



**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION  
FLOOR AND VAULT SCHOOL TEAM COMPETITION ENTRY 2016-2017**

Please complete a separate form for each Section and Age Group. Entry Fees of £12 per Team; Cheques payable to NESGA should accompany each entry.  
Entry forms returned to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

<b>COMPETITION:</b>	Floor and Vault Wednesday, March 22nd 2017 Hartlepool GC, 136 Lynn Street South, Hartlepool TS24 7LX Closing Date Friday February 24th 2017
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<b>School</b>	
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<b>BSGA Affiliation Number</b>	
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<b>Name of Teacher/Coach with responsibility at the event</b>	
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<b>Name &amp; Address for correspondence</b>

<b>Telephone</b>

<b>Email</b>

Section (✓)	Girls	Boys	Mixed
<b>Age Group (✓)</b>	Under 11 (Y3-6)	Under 14 (Y7-9)	Under 19 (Y7-13)

A gymnast may compete in one age group higher but not lower

Name	Date of Birth	B/G

**School Acknowledgment:** To be completed by the Head, Deputy Head or Head of PE.  
We wish to enter a Team to represent this school at the NESGA Competition indicated.

**Signed:** \_\_\_\_\_ **Print name:** \_\_\_\_\_

**Official Position:** \_\_\_\_\_

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION  
MILANO SCHOOL TEAM COMPETITION ENTRY 2016-2017**

Please complete a separate form for each Section and Age Group. Entry Fees of £12 per Team; Cheques payable to NESGA should accompany each entry.  
Entry forms returned to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

<b>COMPETITION:</b>	<b>Milano Team Competition Thursday, January 26th 2017 University of Cumbria, Carlisle Closing Date December 16<sup>th</sup> 2016</b>
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<b>School</b>	
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<b>BSGA Affiliation Number</b>	
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<b>Name of Teacher/Coach with responsibility at the event</b>	
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<b>Name and address for correspondence</b>
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<b>Telephone</b>
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<b>Email</b>
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<b>Section (✓)</b>	<b>Girls</b>	<b>Boys</b>	<b>Mixed</b>
<b>Age Group (✓)</b>	<b>Under 11 (Y3 - 6)</b>	<b>Under 13 (Y7-8)</b>	<b>Under 16 (Y9-11)</b>
			<b>Under 19 (Y12-14)</b>

Gymnasts may compete in one age group higher but not lower.

<b>Name</b>	<b>Date of Birth</b>	<b>B/G</b>

**School Acknowledgment:** To be completed by the Head, Deputy Head or Head of PE.  
We wish to enter a Team to represent this school at the NESGA Competition indicated.

**Signed:**

**Print name:**

**Official Position:**

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION  
ACROBATICS SCHOOL TEAM COMPETITION ENTRY FORM 2016-2017**

Please complete a separate form for each SECTION/AGE GROUP. Cheques payable to NESGA should accompany each entry. £4 per gymnast for Pairs. £12 per Group  
Send Entry form to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

<b>COMPETITION:</b>	Acrobatics Competition Sunday, February 5th 2017 Northern Hope GC, Birtley Closing Date January 6th 2017
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<b>School</b>	
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<b>BSGA Affiliation Number</b>	
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<b>Name of Teacher/Coach with responsibility at the event</b>	
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<b>Name &amp; Address</b>	
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<b>Email</b>	
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<b>Telephone</b>	
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<b>Section (✓)</b>	Girls Pairs	Boys Pairs	Mixed Pairs	Group
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<b>Age Group (✓)</b>	Under 11	Under 14	Under 19
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Gymnasts Name	Date of Birth

**School Acknowledgment:** To be completed by the Head, Deputy Head or Head of PE.  
The school wishes the gymnasts named above to represent the school at the NESGA Competition as indicated.

**Signed:** \_\_\_\_\_ **Print name:** \_\_\_\_\_

**Official Position:** \_\_\_\_\_

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION  
TUMBLING SCHOOL TEAM COMPETITION ENTRY FORM 2016-2017**

Please complete a separate form for each AGE GROUP.

Cheques payable to NESGA should accompany each entry. £4 per gymnast.

Send Entry form to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

<b>COMPETITION:</b>	Tumbling Competition Sunday, February 5 <sup>th</sup> 2017 At Northern Hope GC, Birtley Closing Date January 6 <sup>th</sup> 2017
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School	
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BSGA Affiliation Number	
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Name of Teacher/Coach with responsibility at the event	
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Name and address for correspondence
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Email
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Telephone
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Age Group (✓)	Under 11	Under 14	Under 19
	<b>Gymnasts Name</b>	<b>Date of Birth</b>	<b>Boy/Girl</b>

**School Acknowledgment:** To be completed by the Head, Deputy Head or Head of PE.  
The school wishes the gymnasts named above to represent the school at the NESGA Competition as indicated.

**Signed:** \_\_\_\_\_ **Print name:** \_\_\_\_\_

**Official Position:** \_\_\_\_\_

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION  
TRAMPOLINE SCHOOL TEAM COMPETITION ENTRY FORM 2016-2017**

Please ✓ **AGE GROUP** and each **SECTION**. Complete a separate form for each age/section entered. Cheques payable to NETTC should accompany each entry. Send Entry form to Joanne Rear 69 Cottingham Grove, Thornley, Durham DH6 3EJ

<b>COMPETITION:</b>	Trampoline Competition Sunday, December 3 <sup>rd</sup> 2016 At: venue to be confirmed Closing Date November 4 <sup>th</sup> 2016
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School	
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BSGA Affiliation Number	
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Name of Teacher/Coach with responsibility at the event	
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Name and address for correspondence
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Email
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✓	Disability	Novice	Intermediate	Elite
✓	Age group	Under 11	Under 14	Under 19

Competitors Name	Date of Birth	Boy/Girl

**School Acknowledgment:** To be completed by the Head, Deputy Head or Head of PE.  
The school wishes the young people named above to represent the school at the North Schools Trampoline Competition.

**Signed:** \_\_\_\_\_ **Print name:** \_\_\_\_\_

**Official Position:** \_\_\_\_\_



## General Rules common to all BSGA Competitions

Please refer to the 2016 - 2017 BSGA Handbook for all current BSGA rules and regulations

All competitors taking part in competitions leading to a BSGA Final must be affiliated to BSGA. The fee is £18 for Secondary Schools, £12 for Primary Schools or £6 per individual. Affiliation Fees are due in September each year. Cheques, payable to NESGA should be sent to the Treasurer, Mrs Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX or payment on-line via the BSGA website [www.bsga.org](http://www.bsga.org)

1. Age groups are taken from September 1<sup>st</sup> in the academic year of entry.
2. When MUSIC is allowed, it must be at the start of a CD recording. The recording must be clearly marked with the gymnast's name and school
3. Girls should wear a leotard with matching shorts if desired. Boys may wear leotard with shorts or gymnastic trousers. Or alternatively all may wear smart PE kit with tee shirt and matching shorts. Jewellery is NOT allowed.
4. No gymnast may use any piece of apparatus, either during the competition or the warm up, without their teacher/coach being present.  
Teachers/coaches are responsible for the safety of their gymnasts at all times.

## Entry Rules for NESGA Competitions

1. Competition entries should be sent, in writing, using an appropriate NESGA Competition Entry Form.
2. Entry fees must accompany each entry. Cheques should be payable to NESGA.
3. Entry Fees for Regional Finals:

Milano Team Competition	£12 per team
Floor and Vault	£12 per team
Sports Acrobatics and Tumbling	£4.00 per gymnast (Pairs and Tumbling) £12 per group
Trampoline	£5 per individual.



4. Please do not send in entries after the closing date as they will not be accepted. Entries submitted without fees or without Affiliation numbers will be returned to the sender.
- 5 All entries must be signed, either by the Head Teacher, Deputy Head or the Head of PE or the teacher responsible for gymnastics at the gymnast's school.
6. All competitors taking part in competitions leading to a BSGA Final must be affiliated to BSGA through NESGA. Affiliation fees should be sent to the Treasurer or paid on-line, at least 14 days before the competition closing date. Affiliations from schools and individuals will not be accepted on the day of the competition. Affiliation numbers must be included on the entry form.
7. Whenever possible, withdrawals from competitions should be notified to the competition organiser in advance of the competition date. Late withdrawals should be notified to the competition controller as soon as possible on the day of the event.
8. Schools taking part in a competition may be asked to provide volunteers willing to assist with the smooth running of the event.
9. The Milano Team and Floor and Vault Competitions are team events. Gymnasts may only enter as part of a school team. (including reserves)

## **General Competition Regulations**

### **Specific Competition Rules**

The up-to-date rules and regulations for each competition can be found in the BSGA Handbook available on line

### **Clothing**

All gymnasts and coaches should be dressed appropriately and show a neat appearance. Gymnasts and coaches are not permitted to wear jewellery of any kind. Untidy clothing, untidy hair and jewellery will be penalised.

## **Teachers/Coaches**

A maximum of two teachers/coaches per group may be allowed on the competition floor area at any one time. If a school has gymnasts competing at the same time on both floor and vault, a maximum of three teachers/coaches from the school may be on the competition area. Teachers and coaches should be appropriately dressed in a tracksuit and suitable footwear. Jewellery is not allowed.

## **Behaviour**

All teachers, coaches, gymnasts and officials are required to demonstrate sportsmanlike behaviour at all times. They are expected to show respect for others at the competition and to move smartly around the competition area when moving between apparatus and during the presentations. All gymnasts are expected to be present at the march on and medal presentation ceremony for their section of the competition.

## **Repetition of an Exercise**

Gymnasts may have only ONE attempt to complete an exercise. In exceptional circumstances, where technical problems occur beyond the gymnast's control, e.g. a fault in the apparatus, a fault with lighting, a fire alarm, the competition controller may at their discretion, allow a second attempt.

## **Leaving the competition area.**

Gymnasts should not leave the competition area during the competition without permission from the Head Judge. Gymnasts must remain in the area designated for gymnasts until they are marched out of the arena.

## **Music**

Coaches and gymnasts are responsible for any music required. Music must be on a CD, clearly marked with the gymnast's name and School. It should be at the start of the recording and set ready for use. Music on i-pads, phones and similar devices is not acceptable.

## **Appealing against a score.**

BSGA does not have appeal process. Appeals against a score are not permitted

## **Judges**

- All judges must hold a current and relevant qualification.
- Judges are expected to attend the judges meeting at the start of the competition
- Judges should be appropriately dressed.
- All judges are expected to behave in a fair and professional manner. Judges should not engage in conversation with teachers or coaches, regarding the performance of gymnasts, during a competition. They may give oral or written feedback to coaches, on request, after the competition is over, with a view to giving guidance for improving gymnast's performance at future events.

## **Selection of music.**

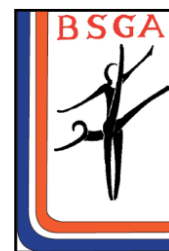
The following notice has been received from BSGA regarding the choice of music used at competitions:

'It is now not possible to use music for sequences composed by

- Andrew Lloyd Webber eg Variations, Cats, Phantom etc
- Cirque De Soleil e.g. Allegria, Quidam, etc or
- Disney / Pixar e.g. Pirates of the Caribbean, Narnia, or any Disney classic.

Anyone using those pieces of music will have the music turned off during the gymnast's performance and they will have to continue without music, no matter how bad that seems. The directive from British Gymnastics leaves us in no way uncertain about the affect of a lawsuit on BSGA and our individual schools.'

**North of England Schools and  
British Schools Gymnastics Association  
Individual Affiliation 2016-2017**



<b>Name of Individual</b>	
<b>School attended</b>	
<b>School Address</b>	
<b>Gymnastic Club</b>	
<b>Name of Coach</b>	
<b>Name and Address for return of Affiliation Number</b>	
<b>Cheque Enclosed payable to NESGA:</b>	
<b>Individual Affiliation</b>	£6

This completed form should be sent to  
**Mrs E. Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX**

**Affiliations are due on September 1<sup>st</sup>.**

Individuals wishing to take part in NESGA Competitions must be affiliated at least 28 days prior to the competition. Affiliation numbers must be included on the Entry Form. A Handbook and Affiliation Number will be posted to you.

Affiliations may also be registered via the British Schools Gymnastics website. <http://www.bsga.org/>  
A copy of the Handbook can be downloaded from the website.

**North of England Schools and  
British Schools Gymnastics Association  
School Affiliation 2016-2017**



<b>Name of School</b>	
<b>Address</b>	
<b>Telephone</b>	
<b>Email Address to receive information</b>	
<b>Signature of Teacher i/c</b>	
<b>Print Name</b>	
<b>Cheque Enclosed payable to NESGA:</b>	
Secondary/Middle Schools	£18
Primary Schools	£12

This completed form should be sent to

**Mrs E. Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX**

**Affiliations are due on September 1<sup>st</sup>.**

Schools wishing to take part in NESGA Competitions must be affiliated at least 28 days prior to the competition. Affiliation numbers must be included on the Entry Form. A Handbook and Affiliation Number will be posted to you.

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