

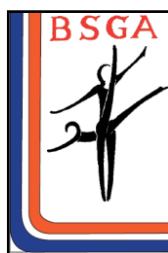
NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION



COMPETITION HANDBOOK



2018-19



**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION
FLOOR AND VAULT SCHOOL TEAM COMPETITION ENTRY 2018-2019**

Please complete a separate form for each Section and Age Group. Entry Fees of £12 per Team; Cheques payable to NESGA should accompany each entry.
Entry forms returned to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

COMPETITION:	Floor and Vault Carlisle Gymnastics Club Wednesday, February 27th 2019; CLOSING DATE January 27th 2019
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School	
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BSGA Affiliation Number	
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Name of Teacher/Coach with responsibility at the event	
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Name & Address for correspondence
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Telephone

Email

Section (✓)	<i>Girls</i>	<i>Boys</i>	<i>Mixed</i>
Age Group (✓)	Under 11 (Y3-6)	Under 14 (Y7-9)	Under 19 (Y7-13)

A gymnast may compete in one age group higher but not lower

Name	Date of Birth	B/G

Name of Judge(s) available to attend:
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School Acknowledgment: To be completed by the Head, Deputy Head or Head of PE.
We wish to enter a Team to represent this school at the NESGA Competition indicated.

Signed:	Print name:
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Official Position:

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION
MILANO SCHOOL TEAM COMPETITION ENTRY 2018-2019**

Please complete a separate form for each Section and Age Group. Entry Fees of £12 per Team; Cheques payable to NESGA should accompany each entry.

Entry forms returned to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

COMPETITION:	Milano Team Competition Royal Grammar School, Newcastle. Sunday, January 27th. Closing Date for Entry December 20th
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School	
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BSGA Affiliation Number	
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Name of Teacher/Coach with responsibility at the event	
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Name and address for correspondence
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Telephone

Email

Section (✓)	Girls	Boys	Mixed
Age Group (✓)	Under 11 (Y3 - 6)	Under 13 (Y7-8)	Under 16 (Y9-11)
			Under 19 (Y12-14)

Gymnasts may compete in one age group higher but not lower.

Name	Date of Birth	B/G

Name of Judge(s) available to attend:
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School Acknowledgment: To be completed by the Head, Deputy Head or Head of PE.
We wish to enter a Team to represent this school at the NESGA Competition indicated.

Signed:	Print name:
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Official Position:

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION
ACROBATICS SCHOOL TEAM COMPETITION ENTRY FORM 2018-2019**

Please complete a separate form for each SECTION/AGE GROUP. Cheques payable to NESGA should accompany each entry. £4 per gymnast for Pairs. £12 per Group
Send Entry form to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

COMPETITION:	Acrobatics Competition Sunday, February 3rd 2019 Northern Hope GC, Birtley Closing Date January 8th 2019
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School	
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BSGA Affiliation Number	
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Name of Teacher/Coach with responsibility at the event	
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Name & Address	
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Email	
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Telephone	
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Section (✓)	Girls Pairs	Boys Pairs	Mixed Pairs	Group
Age Group (✓)	Under 11	Under 14	Under 19	

Gymnasts Name	Date of Birth

School Acknowledgment: To be completed by the Head, Deputy Head or Head of PE.
The school wishes the gymnasts named above to represent the school at the NESGA Competition as indicated.

Signed: _____ **Print name:** _____

Official Position: _____

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION
TUMBLING SCHOOL TEAM COMPETITION ENTRY FORM 2017-2018**

Please complete a separate form for each AGE GROUP.

Cheques payable to NESGA should accompany each entry. £4 per gymnast.

Send Entry form to Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

COMPETITION:	Tumbling Competition Sunday, February 3 rd 2019 At Northern Hope GC, Birtley Closing Date January 8 th 2019
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School	
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BSGA Affiliation Number	
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Name of Teacher/Coach with responsibility at the event	
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Name and address for correspondence

Email

Telephone

Age Group (✓)	Under 11	Under 14	Under 19
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Gymnasts Name	Date of Birth	Boy/Girl
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School Acknowledgment: To be completed by the Head, Deputy Head or Head of PE.
The school wishes the gymnasts named above to represent the school at the NESGA Competition as indicated.

Signed: _____ **Print name:** _____

Official Position: _____

**NORTH OF ENGLAND SCHOOLS GYMNASTICS ASSOCIATION
TRAMPOLINE SCHOOL TEAM COMPETITION ENTRY
INFORMATION**

- **December 9th 2018**
- **Wansbeck Gymnastics Club, Ashington.**
- **Closing date November 9th 2018**
- Schools wishing to enter young people into this competition should refer to the rules in the BSGA Handbook. This is available when you affiliate.
- Entries must be made and paid for on-line. Entry fee is £7.50 per competitor,
- **Entry Form and Entry Details can be found at www.nettc.org.uk/competitions**
- All competitors must have 2018-2019 BSGA Membership
- All competitors must be direct supervised by either a teacher from their school who has the appropriate level of qualification, or by a Level 2 or higher trampoline coach with current BG membership and an appropriate level of qualification for all the skills being performed.
- Entries without membership numbers will not be accepted.
- Gymnasts arriving at the event without appropriate teacher/coach supervision will not be allowed to compete.

General Rules common to all BSGA Competitions

Please refer to the 2018 - 2019 BSGA Handbook for all current BSGA rules and regulations

All competitors taking part in NESGA competitions must be affiliated to BSGA. The fee is £18 for Secondary Schools, £12 for Primary Schools or £6 per individual. Affiliation Fees are due in September each year. Cheques, payable to NESGA should be sent to the Treasurer, Mrs Enid Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX or payment on-line via the BSGA website www.bsga.org

1. Age groups are taken from September 1st in the academic year of entry.
2. When MUSIC is allowed, it must be at the start of a CD recording. The recording must be clearly marked with the gymnast's name and school
3. Girls should wear leotard with matching shorts if desired. Boys may wear leotard with shorts or gymnastic trousers. Or alternatively all may wear smart PE kit with tee shirt and matching shorts. Jewellery is NOT allowed.
4. No gymnast may use any piece of apparatus, either during the competition or the warm up, without their teacher/coach being present. Teachers/coaches are responsible for the safety of their gymnasts at all times.

Entry Rules for NESGA Competitions

1. Competition entries should be sent, in writing, using an appropriate NESGA Competition Entry Form.
2. Entry fees must accompany each entry. Cheques should be payable to NESGA.
3. Entry Fees for Regional Finals:

Milano Team Competition	£12 per team
Floor and Vault	£12 per team
Sports Acrobatics and Tumbling	£4.00 per gymnast (Pairs and Tumbling) £12 per group
Trampoline	£7.50 per individual.

4. Please do not send in entries after the closing date as they will not be accepted. Entries submitted without fees or without Affiliation numbers will be returned to the sender.
- 5 All entries must be signed, either by the Head Teacher, Deputy Head or the Head of PE or the teacher responsible for gymnastics at the gymnast's school. At this event the gymnast is representing the school. Other signatures including those by parents and coaches will not be accepted.
5. Affiliation numbers must be included on the entry form and therefore affiliation fees should be sent to the Treasurer or paid on-line, before the competition entry closing date. Affiliations from schools and individuals will not be accepted on the day of the competition.
6. Whenever possible, withdrawals from competitions should be notified to the competition organiser in advance of the competition date. Late withdrawals should be notified to the competition controller as soon as possible on the day of the event.
7. Schools taking part in a competition may be asked to provide volunteers willing to assist with the smooth running of the event.
8. The Milano Team and Floor and Vault Competitions are team events. Gymnasts may only enter as part of a school team. (including reserves)

General Competition Regulations

Specific Competition Rules

The up-to-date rules and regulations for each competition can be found in the BSGA Handbook available on line

Clothing

All gymnasts and coaches should be dressed appropriately and show a neat appearance. Gymnasts and coaches are not permitted to wear jewellery of any kind. Untidy clothing, untidy hair and jewellery will be penalised.

Teachers/Coaches

A maximum of two teachers/coaches per group may be allowed on the competition floor area at any one time. If a school has gymnasts competing at the same time on both floor and vault, a maximum of three teachers/coaches from the school may be on the competition area. Teachers and coaches should be appropriately dressed in a tracksuit and suitable footwear. Jewellery is not allowed. Teachers and coaches should be appropriately qualified for the skills being performed by the children.

Behaviour

All teachers, coaches, gymnasts and officials are required to demonstrate sportsmanlike behaviour at all times. They are expected to show respect for others at the competition and to move smartly around the competition area when moving between apparatus and during the presentations. All gymnasts are expected to be present at the march on and medal presentation ceremony for their section of the competition.

Repetition of an Exercise

Gymnasts may have only ONE attempt to complete an exercise. In exceptional circumstances, where technical problems occur beyond the gymnast's control, e.g. a fault in the apparatus, a fault with lighting, a fire alarm, the competition controller may at their discretion, allow a second attempt.

Leaving the competition area.

Gymnasts should not leave the competition area during the competition without permission from the Head Judge. Gymnasts must remain in the area designated for gymnasts until they are marched out of the arena.

Music

Coaches and gymnasts are responsible for any music required. Music must be on a CD, clearly marked with the gymnast's name and School. It should be at the start of the recording and set ready for use. Music on i-pads, phones and similar devices is not acceptable.

Appealing against a score.

BSGA does not have appeal process. Appeals against a score are not permitted

Judges

- All judges must hold a current and relevant qualification.
- Judges are expected to attend the judges meeting at the start of the competition
- Judges should be appropriately dressed.
- All judges are expected to behave in a fair and professional manner. Judges should not engage in conversation with teachers or coaches, regarding the performance of gymnasts, during a competition. They may give oral or written feedback to coaches, on request, after the competition is over, with a view to giving guidance for improving gymnast's performance at future events.

Selection of music.

The following notice has been received from BSGA regarding the choice of music used at competitions:

'It is now not possible to use music for sequences composed by

- Andrew Lloyd Webber eg Variations, Cats, Phantom etc
- Cirque De Soleil e.g. Allegria, Quidam, etc or
- Disney / Pixar e.g. Pirates of the Caribbean, Narnia, or any Disney classic.

Anyone using those pieces of music will have the music turned off during the gymnast's performance and they will have to continue without music, no matter how bad that seems. The directive from British Gymnastics leaves us in no way uncertain about the effect of a lawsuit on BSGA and our individual schools.'

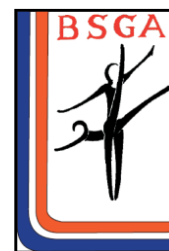
National Finals:

Milano March 15th

Floor and Vault and Acro and Tumbling 4-5th May

GymFest June 23rd - 24th

**North of England Schools and
British Schools Gymnastics Association
Individual Affiliation 2018-2019**



Name of Individual	
School attended	
School Address	
Gymnastic Club	
Name of Coach	
Cheque Enclosed payable to NESGA:	
Individual Affiliation	£6

This completed form should be sent to

Mrs E. Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

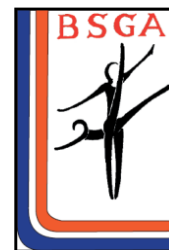
Affiliations are due on September 1st.

Individuals wishing to take part in NESGA Competitions must be affiliated at least 28 days prior to the competition. Affiliation numbers must be included on the Entry Form. A Handbook and Affiliation Number will be posted to you.

Affiliations may also be registered via the British Schools Gymnastics website. <http://www.bsga.org/>

A copy of the Handbook can be downloaded from the website.

**North of England Schools and
British Schools Gymnastics Association
School Affiliation 2018-2019**



Name of School	
Address	
Telephone	
Email Address to receive information	
Signature of Teacher i/c	
Print Name	
Cheque Enclosed payable to NESGA:	
Secondary/Middle Schools	£18
Primary Schools	£12

This completed form should be sent to

Mrs E. Harrison, 3 Granwood Road, Eston, Middlesbrough TS6 9HX

Affiliations are due on September 1st.

Schools wishing to take part in NESGA Competitions must be affiliated at least 28 days prior to the competition. Affiliation numbers must be included on the Entry Form. A Handbook and Affiliation Number will be posted to you.

Affiliations may also be registered via the British Schools Gymnastics website. <http://www.bsga.org/>

A copy of the Handbook can be downloaded from the website.