



## National Success



Congratulations to everyone at Tees Valley Gymnastics Club who enjoyed some great results over the summer.

- **Tees Valley Display Team** won the British Championships at the British Gymnastics Ministrada Event at the Echo Arena, Liverpool on the 2nd August; a huge achievement for the team.



- **Isabelle Rutherford** was the Bronze medal winner at the British Tumbling Championships at Telford in the 10-12 years Grade 5 competition.
- **Kizzie Waurd** was named as BG's 250,000th member! She was invited to Liverpool by BG to hand out medals at the competitions at the Echo Arena and she got the full VIP treatment! A fantastic experience for her and great coverage for TVGC!



The achievements of people in the gymnastics community were celebrated at the magnificent Manchester Cathedral on 5th September at the

### British Gymnastics National Awards

**Young Volunteer of the Year Award** is presented to an individual between the ages of 14 and 19 years old who has shown commitment and dedication to the sport, volunteering their time to help others enjoy gymnastics.

**Winner: Lauren Baillie, Berwick Gymnastics Club**

**Inclusive Gymnastics Award** recognises an individual or organisation that has demonstrated commitment and enthusiasm to the development of gymnastics for disabled people through the delivery of an inclusive gymnastics programme. **Winner: AAA sports**

**Outstanding Coach of the Year Award** recognises an individual from the British Gymnastics High Performance programmes who has produced outstanding International results through their athletes during 2014.

**Winner: Stuart Thompson, Deerness Gymnastics Club**

**Frank Edmonds Trophy** is dedicated to the late Frank Edmonds OBE, a former gymnast who represented Great Britain at the 1948 Olympic Games and was President of the Association from 1969 to 1989. This award is presented to individuals, who, as volunteers, have gone 'above and beyond the call of duty' for gymnastics.

**Winners: Peter Crawford and Enid Harrison**



Peter received his very well deserved award from Alan Somerville the President of British Gymnastics.

**Congratulations to all the award winners.**

It will soon be time to send in your nominations for the NEGA Awards! Details will be circulated to Clubs soon. Who will your Club nominate.....?!

## Club News

**Berwick Gymnastics Club** has now taken delivery of its Team Gym Trampoline, thanks to the support of NEGA. We have introduced Team Gym to our sessions, the Gymnasts love it and we are planning our first ever competition entry.

**AAAsports** have recently purchased their own facility in Sunderland, scheduled to open in early 2016. The facility will include trampolines, DMT, floor, vault, bars and beam, plus a dedicated conditioning area. In addition, at the launch the facility will also have a purpose built classroom and shop, with a cafe and even free wifi to follow later in the year! This new facility will allow AAAsports to expand their existing programmes in all disciplines, while continuing to develop our hugely successful Satellite venues across the region. The new address is AAAsports, Shakespeare Street, Sunderland, SR5 2JF

Acrobatic gymnasts from **Deerness Gymnastics Academy** returned triumphant from the recent British Championships with a bonanza of three bronze and two gold medals. Six of the sixteen gymnasts competing are now British Championship, while eight others won their very first medals at this level competing against the very best in the country.

GOLD MEDALS were won by:

12-18 Men's Group – Nathan Brady, Ryan Dury, Finn Gavin & Michael Gill took the Gold medal in the 12-18 Men's group category scoring 27.650 ahead of Richmond Gymnastics Association who took silver with 27.450 and Honiton Gym Club taking the bronze medal. The Deerness quartet had qualified for the final in first place. Three of the gymnasts (Nathan Brady, Finn Gavin & Michael Gill) now have a hat-trick of British Championship titles and Ryan Dury won his first medal in acrobatic gymnastics after joining the current world champions this year.

Senior Women's Pair – Chelsea Fisher & Abbi Greaves competed as senior competitors for the first time after moving up from the age group category following their gold medal success at the World Championships in 2014. They are now the reigning British Champions for the third time in different categories scoring 27.020 to win the gold medal.

BRONZE MEDAL'S went to:

12-18 Women's Group – Caitlin Owston, Amelia Palmer & Bethany MacDougall competed for the first time as a trio in a major competition and qualified for the final in third place. They maintained their performance to take the bronze medal in the final scoring 26.680. Acrobay Gymnastics Club scored 26.681 to take silver and South Tyneside Gym Club scored 27.550 to take gold.

12-18 Women's Pair – Vicky Gargan & Drew Armstrong competed in British Championships for the first

time. After qualifying for the final in fifth place they improved in the final and took the bronze medal with a score of 26.450. King Edmund Gymnastics Club took silver with 26.908 and Heathrow won gold with 28.000.

11-16 Women's Group – Rachel Graham, Amber Robertson & Tatiana Dubov who have previously won the British title at NDP level were competing at this higher level in the British Championships for the first time. They qualified for the final in third place retaining that placing to win the bronze medal with 27.010. Wakefield Gym Club won silver with 27.510 and Spelthorne Gymnastics took the gold medal with a score of 27.880.

The 11-16 Women's Pair of Katerina Dubov & Sydney Etherington competed in the British Championships for the first time and finished 9th in the qualifying competition just missing out on a place in the final.

The six Gold Medal winning gymnasts have been selected to represent Great Britain in the Acrobatic European Championships taking place in Germany in September. Congratulations to everyone from Deerness!

**Gymworld Gymnastic Club** is really pleased with their gymnast's results over a busy summer. Congratulations to Harry Larkin and Erin Boyle for tumbling their way into the Finals of the British NDP Tumbling Competition and representing the North of England. Harry finished an incredible 4th place in Great Britain at Level 5 Tumbling 10-12 Years and Erin finished in an 5th Place in Great Britain at Level 5 Tumbling 10-12 Years.

Also in July we saw our Club and Competitive gymnasts competing in the GGTC Apparatus Competition at South Durham. Euan came away with a Silver medal and Edward with a Bronze medal. In the older girls section, Domenica took Gold and Lauren took Bronze. Congratulations also to our junior recreational squad who had the opportunity of competing in GGTC Apparatus Competition at Hartlepool.

GymWorld Gymnasts have become the first group in the country to test out the new BG TeamGym Disability rules. The gymnasts along with their coaches tried out the new Micro Team Rules and declared them 'excellent'!



## TC News

Two more dates for the **GGTC Calendar** –

The **Partner Challenge Competition** date has been confirmed on October 18<sup>th</sup> at Hartlepool GC.

There will also be a second **Regional TeamGym Competition** at Hartlepool on November 15<sup>th</sup>, following the success of the first event hosted by Northern Hope.

Well done to all 53 of the candidates from 14 different Clubs who have attended **Floor and Vault Level 2 Judging** courses and exams recently. Thanks to Deerness GC and to Myrtle and Vanessa for organising the events.

The **2016 Acrobatic Competition Handbook** is now available on the BG website via the link below.

[www.british-gymnastics.org/technical-information/competition-handbooks/acrobatic/doc\\_download/6807-acrobatic-gymnastics-competition-handbook-2016](http://www.british-gymnastics.org/technical-information/competition-handbooks/acrobatic/doc_download/6807-acrobatic-gymnastics-competition-handbook-2016)

### National Judging Course Acrobatics

The ATC are looking to run the final National Judging Course of this cycle following the European Championships but before Christmas. Again the TC will look for a convenient location central to all candidates. While the course is open, in order to qualify, those attending must meet the published criteria for a National Judge. If you have coaches, gymnasts or judges in your region interested in attending the course please send a request for details to Andy Farley [a.farley@sky.com](mailto:a.farley@sky.com) with "National Judges Course 2015" in the subject line.

### Performance Pathway Programme Update

Anna writes that: Following the launch of the Performance Pathway for Men's and Women's Artistic Gymnastics in 2013 and Acrobatics and Trampoline in 2014, British Gymnastics is pleased to announce the launch of the Rhythmic & Tumbling Gymnastics Performance Pathway. Information will be sent to the clubs by the Performance Pathway Leads, once camps and clinic dates are arranged. Anna will be on maternity leave from Friday 18th September 2015. During this time Jenni Morgan (East Performance Pathway Coordinator) will be overseeing the MAG & WAG clinics and camps. [jenni.morgan@british-gymnastics.org](mailto:jenni.morgan@british-gymnastics.org) / 07841 917165

At the **Tumbling TC AGM** in August the following officials were elected

Chair Mark Nesbitt

Deputy Chair Brendan Obrien

Secretary: Tina Wells; Treasurer Melissa White

Education Debbie Couch; Judging Neale Davies

Competition Organiser: Denis Robinson

**Adult Gymnastics** – Lynn at Northern Hope is keen to run a competition. If you have an Adult Class would they like to compete?

## News from BG

At British Gymnastics our absolute aim is to deliver first class service and support to you, our customers, by better understanding your needs and actively supporting you to achieve your goals. We are strongest as a community when we all work together. We've made some exciting changes over the past few months, with our focus areas being shaped by the results of our annual Club Satisfaction Survey.

As you know, the Development department has been renamed the Participation department to better reflect what they are there to help you with. Since then the Area Manager and Club Development Coordinator posts have been restructured into new, focussed teams. They have been created to give you access to people who have the specific skills and knowledge to support you in the different areas of your club development. The four new teams are:

- The Facilities Team
- The Club and Partner Team
- The Participation Team
- The Disabilities Team

These teams are set up nationally to enable us to provide the expertise and support you need, no matter where you are located, at the time you need it. Support for your club can be accessed either by email to [participation@british-gymnastics.org](mailto:participation@british-gymnastics.org) or by calling Customer Service on 0345 129 7129 ext. 2395. We will make sure you get to the right person in the right team to help you.

#### Facilities:

The development of gymnastics facilities is essential to help build capacity in the sport and enable more people to take part, whether that is extending current facilities, moving into bigger or better spaces or building new facilities from the ground up. The Facilities Team is a specialist group of officers who will work with clubs and partners to achieve successful facility developments through giving expert guidance and support at all levels and at all stages of the project.

#### Club and Partner:

Helping our clubs and partners to grow capacity and develop strong operations will help the sport to meet demand for participation and ensure this is sustained longer term. The Club and Partner Team have coordinators who are able to support your business needs. Activities they can help you with include Satellite Clubs, GymMark, improving time-tabling, business planning and workforce recruitment and development.

#### Participation:

Through continuing to build and develop the range of gymnastics activities, the Participation team will create wider and better opportunities for people to take part. They will continue to develop participation activities such as Freestyle, MyClub and GymFit, whilst supporting the development of a lower level competition and festival strategy for the UK. Coordinators will work with a range of partners to provide support in developing all types of gymnastics at a participation level and develop new opportunities to compete and perform.

#### Disabilities:

The introduction of the 'I'M IN' programme has helped to increase the support structure and number of clubs delivering inclusive disability activities. The Disabilities team are there to continue driving this to help provide and promote more opportunities for disabled people to take part in gymnastics.

We appreciate this is a big change but we are absolutely confident that it will be of great benefit to the whole community.

## NORTH DATES 2015 - 2016

Date	Discipline	Organiser	Event	Venue	Entry By
October 4 <sup>th</sup>	Tumbling	Region	Team Tumbling Competition	Hartlepool	
October 16-18	Artistic	City New	Spooky Spectacular – Men & Women Artistic	Newcastle	
October 18 <sup>th</sup>	General	Region	Partner, Group and Team Challenge	Hartlepool	Sept 18th
October 25 <sup>th</sup>	Women's	Region	Voluntary Levels 5-2	Hartlepool	September 25th
November 7-8	Women's	Region	Voluntary Club Levels 7-1	Newcastle	October 2nd
November 15 <sup>th</sup>	TeamGym	Region	TeamGym L 6,5, 4	Hartlepool	October 15th
November 22 <sup>nd</sup>	Women's	Region	Voluntary Team Championship	South Durham	October 23rd
November 29 <sup>th</sup>	Acro	Region	Pre-Grades	South Tyneside	
<b>January 2016</b>					
January 21 <sup>st</sup>	Schools	NESGA	Milano Championships	Carlisle	December 16th
February 7 <sup>th</sup>	Schools	NESGA	Acrobatics and Tumbling	Northern Hope	January 8th
February 28 <sup>th</sup>	Tumbling	Region	NDP Regional Tumbling Championships	Hartlepool	
March 5-6 <sup>th</sup>	TeamGym	BG	North National Qualification	Meadowbank	
March 12-13 <sup>th</sup>	Schools	BSGA	Milano Finals	Stoke	
March 12-13 <sup>th</sup>	Acrobatics	Region	NDP Competition		January 29th
March 16 <sup>th</sup>	Schools	NESGA	School Teams Floor and Vault	Hartlepool	February 7th
April					
May					
May 30 <sup>th</sup>	Schools	BSGA	School Gym - Team Floor and	Stoke	
June 1 <sup>st</sup>	Schools	BSGA	Vault; Acrobatics; Tumbling Final	Stoke	
June 26 <sup>th</sup>	Acrobatics	Region	Open/Team Competition		May 13th
July					
28 <sup>th</sup> – 31 <sup>st</sup>	Multi	BG	British Championships Acro; TG; RG	Liverpool	
September					
October					
November 27 <sup>th</sup>	Acrobatics	Region	Pre-Grades		October 7th

### **Recreational Gymnastics Coach Wanted! Location: City of Newcastle Gymnastics Academy**

The City of Newcastle Gymnastics Academy provides quality facilities and the development of gymnastics throughout the North of England. The Gymnastics Academy creates the best opportunities, inspires and develops gymnasts for all abilities. Applicants will need: Minimum Level 1 WA/MA/General/TG; Gymnastics Coaches must be a full member of British Gymnastics and agree to abide by its rules and Code of Conduct as well as the Child Protection Policy. This may be evening and weekend work.

Please send your CV detailing your qualifications and a covering letter to [rec@newcastlegymnastics.org](mailto:rec@newcastlegymnastics.org) or see the advert on the North website at <https://www.british-gymnastics.org/north>

**Thanks to everyone who has contributed to this Newsletter. Next News will be in December!**